

The Whole Food Diet Shop

Non-food items

Food items

Ankle weights	Almond oils
Bio-impedance meters	Antioxidants
Clean water	Avocado oils
Daily exercise planners	Beano®
Exercise balls	Beans
Exercise bands	Carb drinks
Exercise bikes	Cleansing products
Fitness gadgets	Coconut oils
Fitness oriented games	Creatine monohydrate powders
Food journals	Creatine powders
Gym bags	Digestive enzymes
Hand weights	Diuretics
Heart rate monitors	Energy bars
Hydration packs	Essential amino acids
Inspirational books	Glutamine products
Knee wraps	Grapeseed oils
Lunch boxes	Ground flax seed
Pilates videos	Joint fuels
Playstation® gaming equipment	Kasha products
Resistance training videos	Lentils
Specialty braces	Liquid aminos
Specialty ice packs	Non-dairy milks
Sprouters	Omega supplements
Treadmills	Omega complex supplements
Water bottles	Protein powders
Weight lifting belts	Recovery drinks
Weight lifting gloves	Smoothie products
Weighted vests	Steel cut oats
Wii® gaming equipment	Textured vegetable protein
Workout journals	Thermogens
Wrist straps	Vegan protein powders
Xbox® gaming equipment	Vitamins
Yoga videos	Weight gaining powders

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